



LIFELONG LEARNING

Virginia Theological Seminary

The Marriage of Formation and Evangelism



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What is Faith Formation...

Hear, O Israel: The Lord is our God,
the Lord alone. ⁵You shall love the Lord
your God with all your heart, and with
all your soul, and with all your might.
⁶Keep these words that I am
commanding you today in your heart.
⁷Recite them to your children and talk
about them when you are at home and
when you are away, when you lie down
and when you rise.

Deut 6:4-7

Go therefore and make disciples of
all nations, baptizing them in the
name of the Father and of the Son
and of the Holy Spirit, ²⁰and
teaching them to obey everything
that I have commanded you. And
remember, I am with you always, to
the end of the age.'

Matthew 28:19-20

Equipping people to live as disciples of Jesus
A healthy church makes disciples who make disciples



What is Evangelism ...

Be prepared to give an answer for the hope that you have. 1Peter 3:15

They will know you are my followers by my love for one another. John 13:35

For I received from the Lord what I also handed on to you, that the Lord Jesus on the night when he was betrayed took a loaf of bread, and when he had given thanks, he broke it and said, "This is my body that is for you. Do this in remembrance of me." In the same way he took the cup also, after supper, saying, "This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me.

1 Cor.11:23-25



What is Evangelism ...

Remember Episcopal Evangelism MATH!

Matthew 25 + Matthew 28 = Matthew 10

“Go nowhere among the Gentiles, and enter no town of the Samaritans, ⁶ but go rather to the lost sheep of the house of Israel.

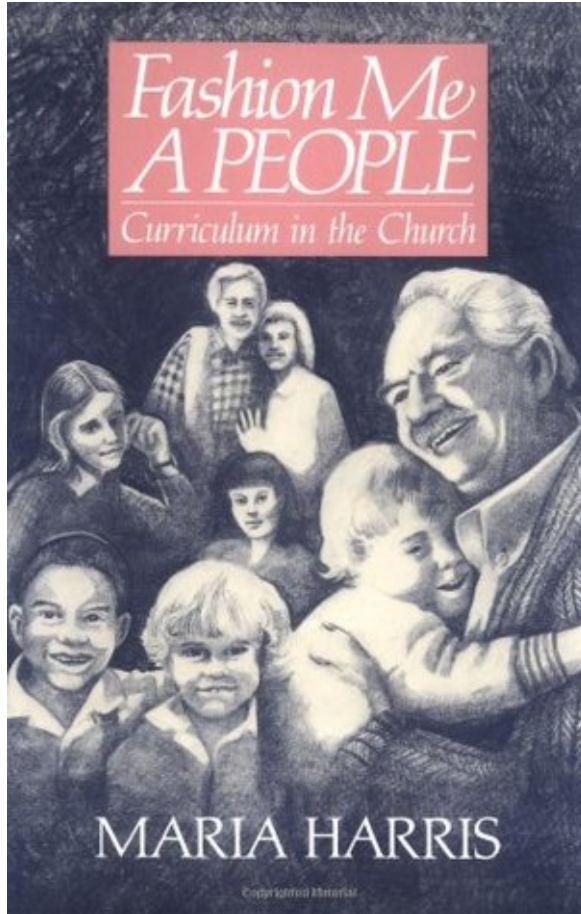
As you go, proclaim the good news, ‘The kingdom of heaven has come near.’

Cure the sick, raise the dead, cleanse the lepers, cast out demons. You received without payment; give without payment...

As you enter the house, greet it. If the house is worthy, let your peace come upon it; but if it is not worthy, let your peace return to you. If anyone will not welcome you or listen to your words, shake off the dust from your feet as you leave that house or town.”



Maria Harris – *Vocation of the people of God*



Koinonia

Leiturgia

Didache

Kerygma

Diakonia



Catechumenate Video

https://www.youtube.com/watch?v=fcm7_vN1c24



Faith is ...

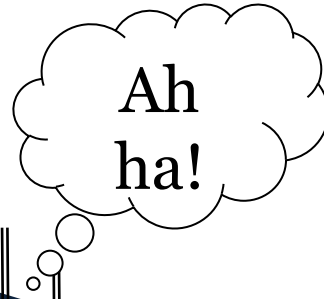
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Adapted from *Will Our Children Have Faith* by
John H. Westerhoff (1976)





Two Dimensions of Formation:

MACRO FORMATION

(ongoing life of the church, worship, fellowship, teaching, service, witness, lifelong, life-wide, life-deep, metabolism of the community)



MICRO FORMATION

(intentional bursts of focused, context-specific faith intensification)



MACRO Formation:



ongoing life of the church, worship, fellowship, teaching, service, witness, lifelong, life-wide, life-deep, metabolism of the community



MICRO Formation:



intentional bursts
of focused,
context-specific
faith intensification



MACRO +/- MICRO FORMATION:

Macro **without**
Micro = people
are stuck or
adrift



Macro
WITH
Micro =



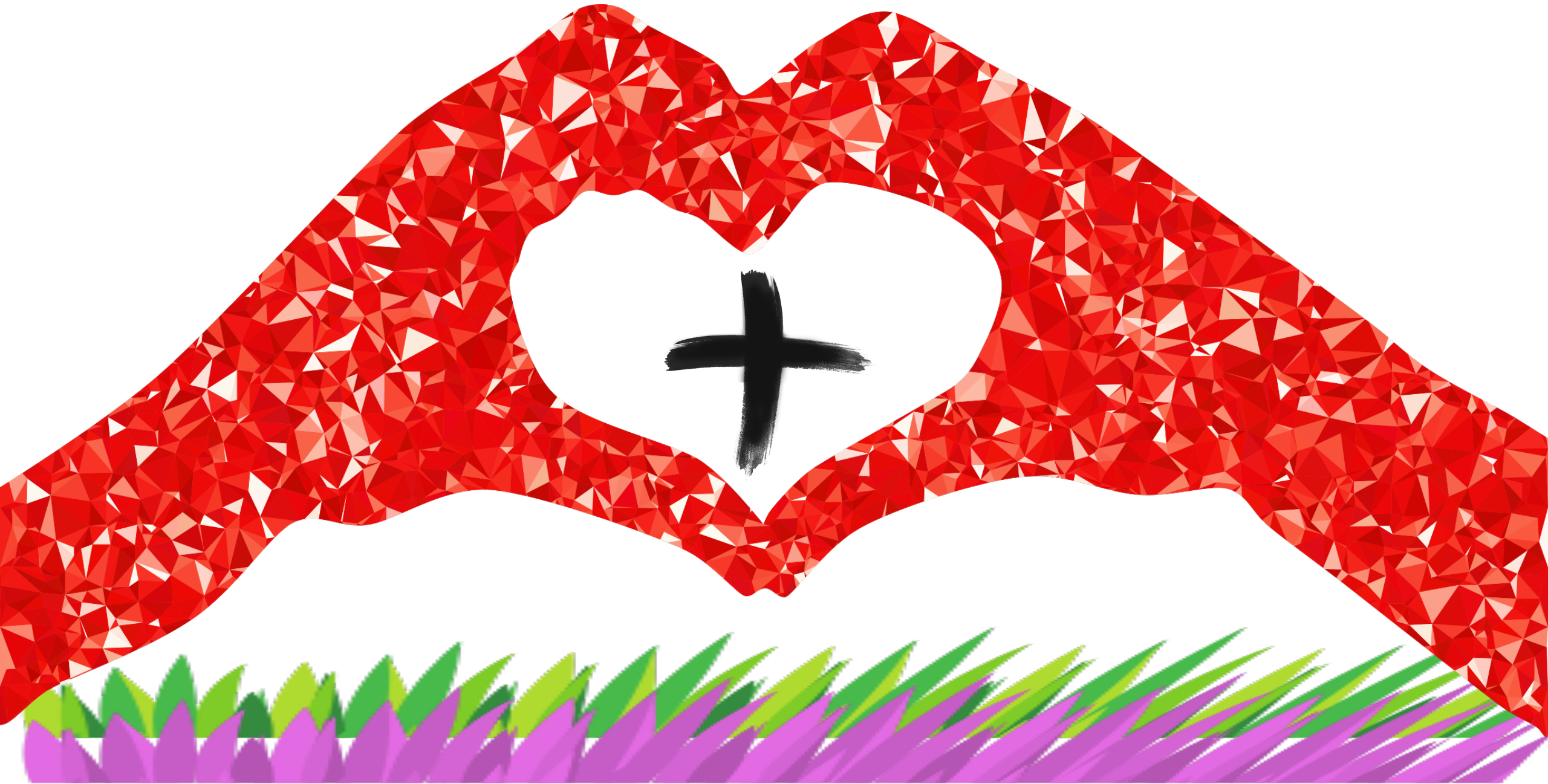
catechumenate

Micro **without**
Macro =
mountain-top
experience



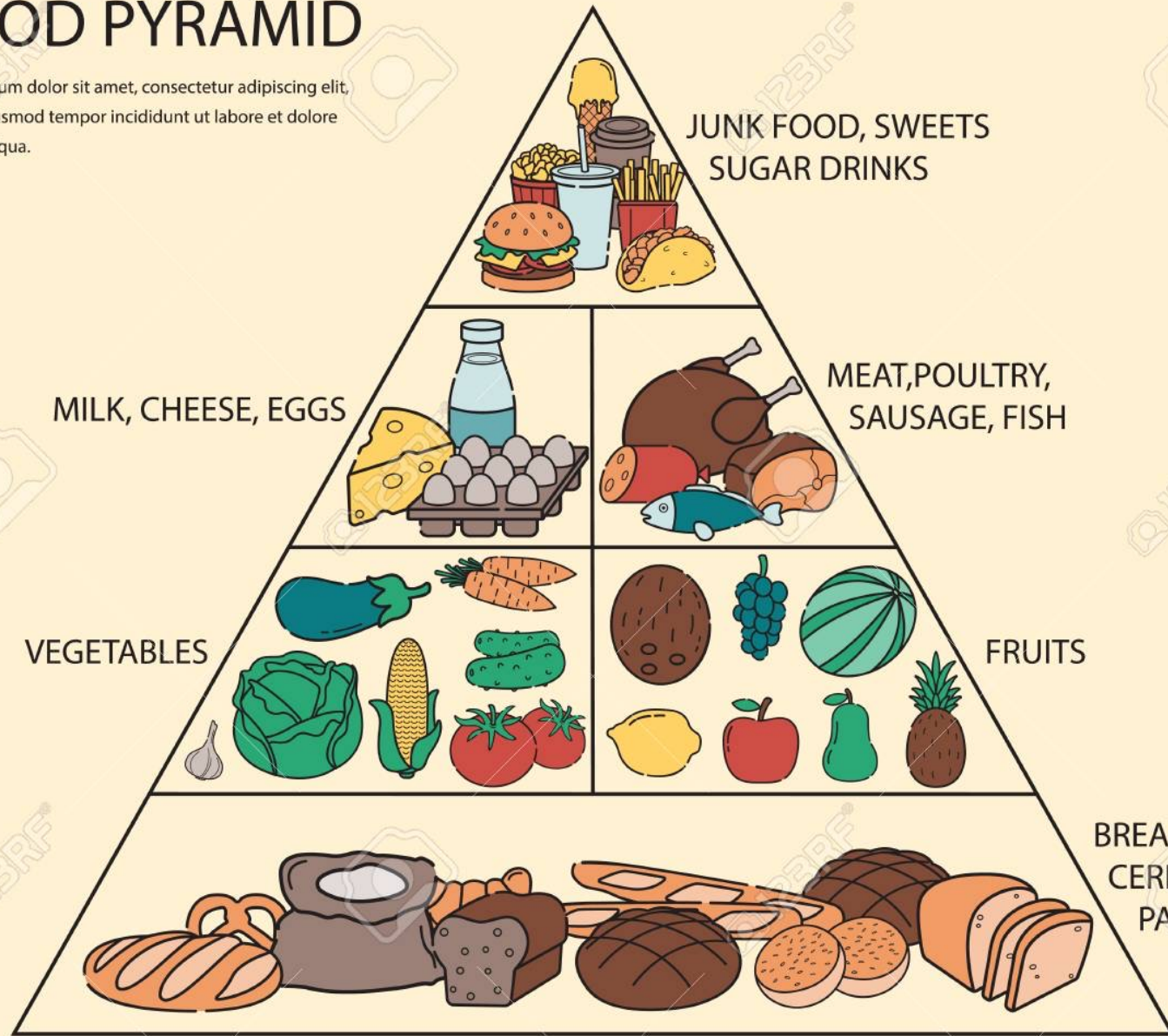
Macro **WITH** Micro
rhythm applies
beyond "church"
to DAILY LIFE





FOOD PYRAMID

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New Food Pyramid

Exercise

- Adults should be physically active for at least 30 minutes most days of the week, children for 60 minutes.
- Sixty to 90 minutes of daily physical activity may be needed to prevent weight gain or sustain weight loss.



Oils

- Most fat should be from fish, nuts and vegetable oils.
- Limit solid fats, such as butter, margarine or lard.
- Keep consumption of saturated fats, trans fats and sodium low.
- Choose foods low in added sugar.

CATEGORY

Grains

Vegetables

Fruits

Milk

Meat and beans

RECOMMENDATION

Half of all grains consumed should be whole grains.

Vary the types of vegetables you eat.

Eat a variety of fruits. Go easy on juices.

Eat low-fat or fat-free dairy products.

Eat lean cuts, seafood and beans. Avoid frying.

DAILY AMOUNT

6 oz.

2.5 cups

2 cups

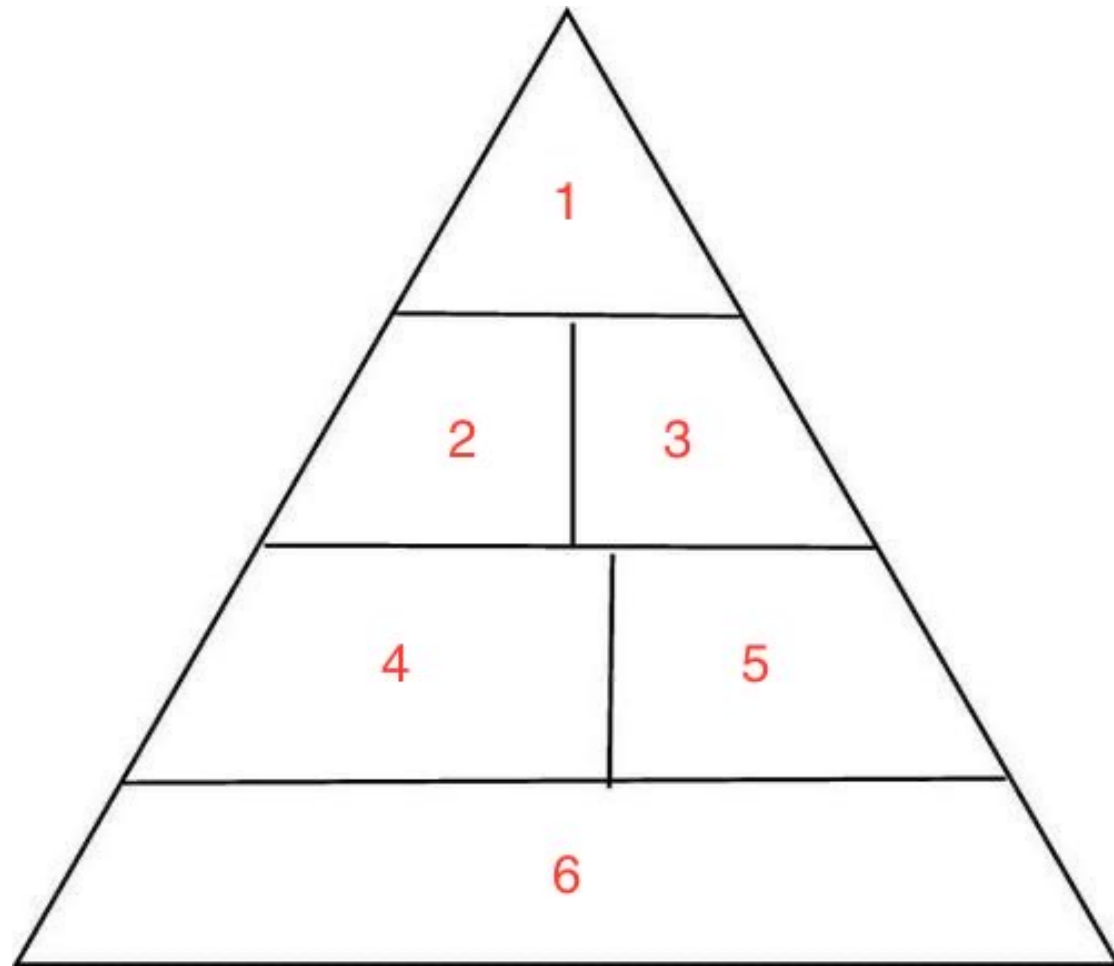
3 cups

5.5 oz.

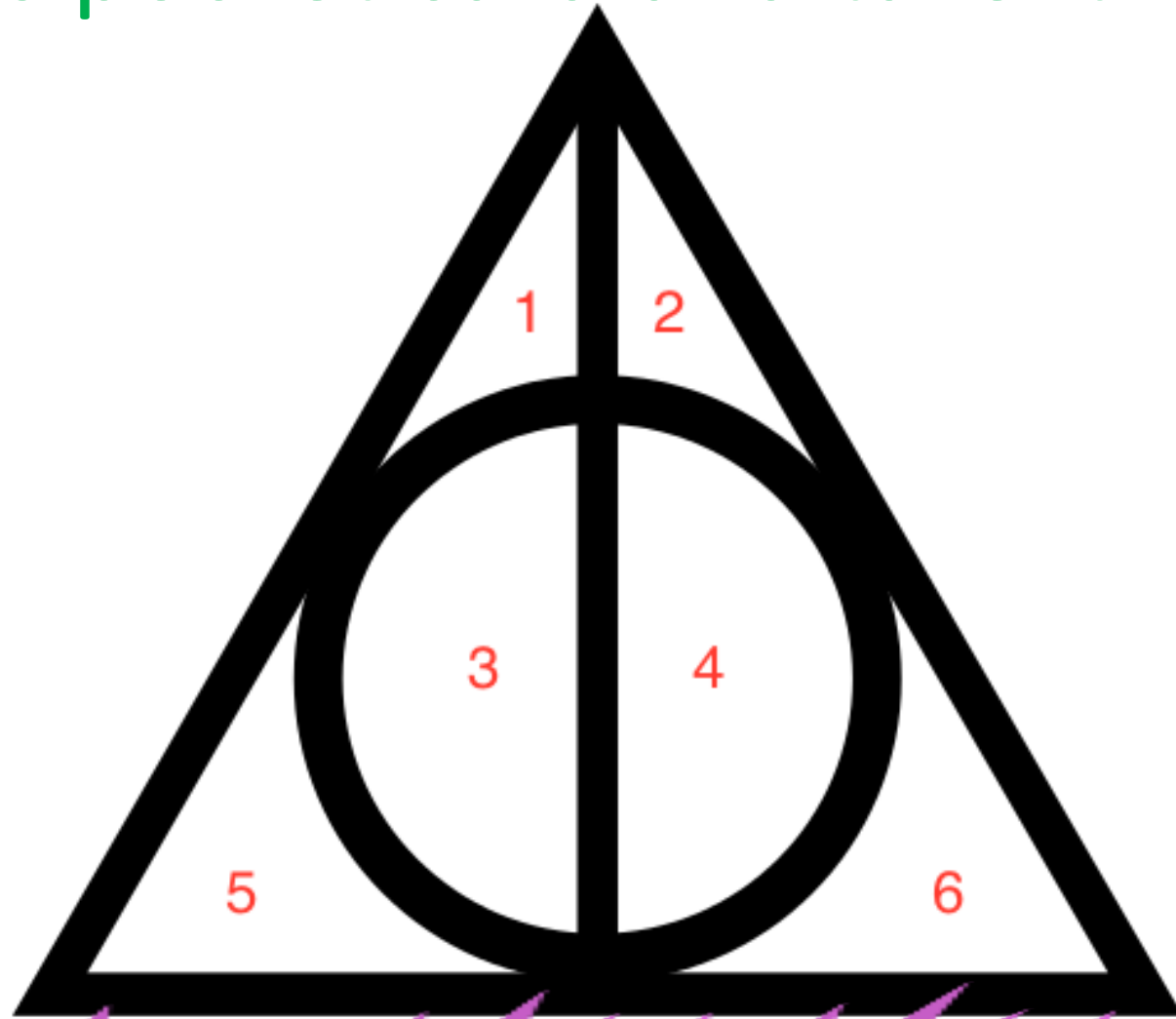
Based on a 2,000 calorie diet.

Recommended nutrient intakes at 12-calorie levels can be found on mypyramid.gov.

What feeds your faith in a day?



Fill in this pocket card and take it home...



GO!

Alleluia! Amen.

